*NBISD School Health Advisory Council*

**NEW BRAUNFELS INDEPENDENT SCHOOL DISTRICT**

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# Meeting Minutes: Student Health Advisory Committee

October 28th, 2026

- **Introduction to SHAC's purpose and areas of focus.**
  - Mary Coronado explains that SHAC advises the district on health education and wellness for all students at NBISD. Areas of focus include health education, physical activity and nutrition, safety, substance abuse, & mental health.

- **E-Bikes & Pedestrian Safety:**
  - Sergeant Mallet of NBPD provided an update regarding increasing safety concerns involving electric bicycles (e-bikes), scooters, bicycles, and pedestrian-related accidents involving students.
  - The Police Department is working with its traffic division and School Resource Officers (SROs) to address the growing concerns.
  - A proposed town hall meeting involving Municipal Court and the Police Department has been placed on hold while potential changes to local ordinances are considered.
  - The department is developing educational presentations and public service announcements regarding e-bike and scooter safety, with additional outreach anticipated around the beginning of the next school year.
  - A bicycle safety rodeo is being considered, initially targeting the middle school and elementary school communities on the Dragon side of the district. Additional details will be announced.

- Officers have increased their presence in school zones and are conducting traffic enforcement.
- The department is developing educational materials explaining the different classifications, speed restrictions, and regulations governing e-bikes.
- A committee member offered to help obtain approximately 100 free children's bicycle helmets through the Texas Academy of Family Physicians for distribution at future bicycle safety events.

- **Lone Star 24-Hour Emergency Room Presentation:**
  - Vincent Astudillo explains Lone Star 24-Hour ER provides emergency services, including laboratory testing, CT scans, X-rays, ultrasounds, treatment for broken bones, lacerations, and other emergency medical conditions.
  - The facility is located near Highway 46 and Medical Way.
  - Representatives discussed their hospital transfer relationships and coordination with area hospitals.
  - The facility offers school physicals for approximately $15, including weekend availability.
  - Physicians at the facility are board-certified.
  - Lone Star representatives highlighted their involvement in community events, including partnerships with local schools and community organizations.
  - The organization expressed interest in supporting school events, teacher appreciation activities, and other district initiatives.

- **Guadalupe County Children’s Advocacy Center:**
  - Michelle Meehan provided an educational presentation regarding the growing threat of online exploitation involving minors, specifically violent online networks commonly identified as 764 and similar groups.
  - The Children's Advocacy Center has observed an increase in cases involving online exploitation and coercion of minors.
  - The 764 network and similar groups target vulnerable individuals, particularly minors, through social media, gaming platforms, and other online communication channels.
  - Platforms identified as potential points of contact include Roblox, Minecraft, Fortnite, Instagram, and other social media and gaming applications.

- **Immunization Trends:**
    - Mary Coronado provides an update regarding student immunization compliance and the district's reporting requirements to the Texas Department of State Health Services.
    - During the 2023–2024 school year, the district maintained compliance with all five required kindergarten immunization benchmarks.
    - During the 2024–2025 school year, the district fell below compliance on four of the five required kindergarten immunization benchmarks.
    - During the 2025–2026 school year, the district fell below the 95% benchmark across all five required kindergarten immunization benchmarks.
    - Middle school students also fell below the 95% benchmark for two required immunizations, Tdap and meningococcal vaccination.
    - Mary Coronado expressed concern that declining immunization rates could increase the risk of vaccine-preventable illnesses within the community.

- **Child Nutrition:**
    - Jill Balderas shared updates regarding improvements to school menus and the introduction of additional food options.
    - Committee members provided positive feedback regarding recent menu changes, including healthier options with increased protein and fiber.
    - Members highlighted the positive reception of the black bean burger sampling event previously conducted at New Braunfels Middle School and Long Creek High School.
    - The department confirmed that annual food sampling and flavor-testing events are available, particularly at the high school level, and expressed willingness to explore additional opportunities at middle schools.