New School Health Requirements for the 2009-2010 School Year*

School Health Advisory Councils (SHACs) – SB 283, TEC §28.004

- Meet 4 times per year, minimally.
- Contain a minimum of 5 members.
- Report directly to the school board at least once annually with detailed account of SHAC activities and recommendations.
- Appoint parent as chair or co-chair.
- Recommend indicators for evaluating effectiveness of Coordinated School Health Programs.

Coordinated School Health (CSH) – SB 892, TEC §11.253

- Develop goals and objectives based on fitness assessment data, academic performance, attendance rates, academic disadvantages, the use of success of any method to ensure students are reaching required moderate or vigorous physical activity (MVPA), and any other indicator recommended by SHAC.
- Include in all Campus Improvement Plans (CIPS) for elementary middle and junior high school campuses.

Physical Activity – SB 891, TEC §28.002

- Students enrolled in all full-day prekindergarten must participate in MVPA for a minimum of 30 minutes per day or 135 minutes per week.

Physical Education – SB 891, TEC §28.002

- *"Curriculum must be sequential, developmentally appropriate, and designed, implemented, and evaluated to enable students to develop the motor, self-management, and other skills, knowledge, attitudes, and confidence necessary to participate in physical activity throughout life."*
- Develop specific district goals and objectives for accomplishing the above, including (to the extent practicable) student/teacher ratios that are small enough to enable the district to carry out the purposes of and requirements for the physical activity requirements in grades prekindergarten-eighth and to ensure of the safety of all students.
- If the student/teacher ratio established in a district is greater than 45 to 1 in a physical education class, the district must identify the manner in which the safety of students will be maintained.

Health Education – SB 283, TEC §28.004

- Written notice must be sent home before each school year indicating whether or not the district will provide human sexuality instruction to students.
- If human sexuality instruction is provided, a summary of its content, the requirements established under state law, a statement of the parent's right to review the materials, the option to remove the student without penalty, and information describing opportunities for parental involvement in the development of the curriculum (SHAC) must be included in the written notice.

High School Graduation Requirements – HB 3, §TEC 28.002

- Chart of revised high school graduation requirements may be found on the following TEA websites:

  a. For students who entered grade 9 before 2007-08
  http://ritter.tea.state.tx.us/taa/comm070609a.doc
  b. For students who entered grade 9 in 2007-08 or later
  http://ritter.tea.state.tx.us/taa/comm070609b.doc

**This list does not represent all of the new requirements related to school health. Future communication from TEA will provide additional information that has not been included in this document. Inquiries can be directed to Marissa Rathbone, Director of School Health, at the Texas Education Agency at Marissa.Rathbone@tea.state.tx.us.*