

# BE AN OFFICE HERO

GIVE YOUR EMPLOYEES A PERFORMANCE INCREASE!



**“I HAVE MORE ENERGY  
AND CONFIDENCE THAN EVER - I’M ACHIEVING  
THINGS I NEVER THOUGHT POSSIBLE”**

JUMP START YOUR TEAM’S PERFORMANCE WITH THE BEST  
**“TEAM BUILDING EXERCISE” IN THE NATION!**

**Grangetheory**<sup>®</sup>  
FITNESS

EXCLUSIVE DISCOUNTED GROUP  
RATES AVAILABLE!

The background of the advertisement is a photograph of a fitness studio. In the foreground, a woman with long dark hair, wearing a pink tank top, is seen from behind, performing a pull-up on a bar. To her right, another woman in a black tank top is also pulling up. Further right, a man in a white t-shirt and black shorts is standing on a platform, pointing towards the women. The studio is lit with warm, yellow-orange lights, and various pieces of gym equipment like treadmills and weights are visible in the background.

# Orangetheory<sup>®</sup>

F I T N E S S

- ✂ GROUP PERSONAL TRAINING
- ✂ 1-HOUR WORKOUTS
- ✂ BURN 500-1000 CALORIES EACH WORKOUT
- ✂ BURN CALORIES UP TO 36 HOURS POST-WORKOUT
- ✂ BUILD ENDURANCE, STRENGTH AND POWER
- ✂ BEGINNERS TO ADVANCED

**NEW BRAUNFELS**  
**1691 STATE HIGHWAY 46 WEST**  
**SUITE 305**  
**NEW BRAUNFELS, TX 78132**

**CALL FOR SPECIAL GROUP RATES!**  
**830.312.4660**

**ORANGETHEORYFITNESS.COM**

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