



Lone Star Early Childhood Menu

October 2018

<p>1</p> <p>B – Bacon, Egg & Cheese Bagel Melt</p> <p>L – Chicken Patty Sandwich</p> <p>S – Raisins & Pretzels</p>	<p>2</p> <p>B – Apple Cinnamon Muffin Square</p> <p>L – 3 Cheese Melt</p> <p>S – Bagel & Milk</p>	<p>3</p> <p>B – Egg & Biscuit</p> <p>L – Cheese Enchiladas</p> <p>S – Apple Cinnamon Muffin & Milk</p>	<p>4</p> <p>B – Maple Pancakes</p> <p>L – Hot Dog</p> <p>S – Cheese Cubes & 100% Fruit Juice</p>	<p>5</p> <p>B – Cinnamon Apple Waffles</p> <p>L – Stuff Crust Pepperoni Pizza</p> <p>S – Saltine Crackers & Strawberry Yogurt</p>
<p>8</p> <p>B – Breakfast Biscuit</p> <p>L – Fish Sticks w/Mac n' Cheese</p> <p>S – Banana Muffin & Milk</p>	<p>9</p> <p>B – Blueberry Waffles</p> <p>L – Chicken Nuggets</p> <p>S – Annie's Cinnamon Crackers & Fresh Orange</p>	<p>10</p> <p>B – Egg & Cheese Sandwich</p> <p>L – Beef Ravioli</p> <p>S – Cinnamon Bagel & Milk</p>	<p>11</p> <p>B – Egg, Cheese & Tater Tot Taco</p> <p>L – Cheese Burger</p> <p>S – Pretzels & Trix Strawberry Banana Yogurt</p>	<p>12</p> <p>B – Strawberry Pancakes</p> <p>L – Stuff Crust Cheese Pizza</p> <p>S – WG Snack Mix & 100% Apple Juice</p>
<p>15</p> <p>B – WG Chocolate Crescent Breadstick</p> <p>L – Chicken Sliders</p> <p>S – Apple Cinnamon Muffin & Milk</p>	<p>16</p> <p>B – Egg & Cheese Bagel Melt</p> <p>L – Corn Dog</p> <p>S – Goldfish Crackers & Fresh Apple</p>	<p>17</p> <p>B – Banana Muffin Square</p> <p>L – Beef Soft Tacos</p> <p>S – Cheez-it Crackers & Trix Strawberry Banana Yogurt</p>	<p>18</p> <p>B – Bacon, Egg & Cheese Taco</p> <p>L – Chicken & Waffles</p> <p>S – WG Chocolate Muffin & Milk</p>	<p>19</p> <p>B – WG French Toast Sticks</p> <p>L – Stuff Crust Pepperoni Pizza</p> <p>S – Goldfish Colors & Fresh Orange</p>
<p>22</p> <p>B – Country Chicken, Egg & Cheese English Muffin</p> <p>L – Popcorn Chicken</p> <p>S – Banana Muffin & Milk</p>	<p>23</p> <p>B – Mini Pancake Wraps</p> <p>L – Turkey & Cheese Melt</p> <p>S – Fresh Apple & Sun Butter</p>	<p>24</p> <p>B – Egg & Biscuit</p> <p>L – Cheesy Beef & Tater Tot Burrito</p> <p>S – Goldfish Crackers & Raisins</p>	<p>25</p> <p>B – Blueberry Muffin Square</p> <p>L – Beef Nachos</p> <p>S – Pretzels & String Cheese</p>	<p>26</p> <p>B – Strawberry Waffles</p> <p>L – Cheeseburger Wrap</p> <p>S – Cheese Cubes & 100% Apple Juice</p>
<p>29</p> <p>B - Kolache</p> <p>L – Chicken Patty Sandwich</p> <p>S – Trax Crackers & Raisins</p>	<p>30</p> <p>B – Chicken & Cheese Biscuit</p> <p>L – Tony's Cheese Sticks</p> <p>S – String Cheese & Fresh Apple</p>	<p>31</p> <p>B – Egg & Cheese Sandwich</p> <p>L – Mini Pancake Wrap w/Tater Tots</p> <p>S – Cheez-it Crackers & Fresh Orange</p>	<p></p>	<p></p>

Important Dates...
 National School Lunch Week – 10/15-19/18
 Halloween Themed Menu – 10/31/18

Child Nutrition Reminders...
 For the 2018-2019 School Year, Students attending Lone Star Early Childhood will receive FREE breakfast, lunch & snack meals!!