



# Lone Star Early Childhood Menu

November 2018

**1**  
B – Cherry Frudel  
L – Hamburger  
S – Blueberry Bagel w/Milk

**2**  
B – Blueberry Pancakes  
L – Beef Fingers  
S – Pretzels w/Fresh Apple

**5**  
B – Bacon, Egg & Cheese Bagel Melt  
L – Chicken Patty Sandwich  
S – Raisins & Pretzels

**6**  
B – Apple Cinnamon Muffin Square  
L – 3 Cheese Melt  
S – Bagel & Milk

**7**  
B – Egg & Biscuit  
L – Cheese Enchiladas  
S – Apple Cinnamon Muffin & Milk

**8**  
B – Maple Pancakes  
L – Hot Dog  
S – Cheese Cubes & 100% Fruit Juice

**9**  
B – Cinnamon Apple Waffles  
L – Stuff Crust Pepperoni Pizza  
S – Saltine Crackers &

**12**  
B – Breakfast Biscuit  
L – Fish Sticks w/Mac n' Cheese  
S – Banana Muffin & Milk

**13**  
B – Blueberry Waffles  
L – Chicken Nuggets  
S – Annie's Cinnamon Crackers & Fresh Orange

**14**  
B – Egg & Cheese Sandwich  
L – Beef Ravioli  
S – Cinnamon Bagel & Milk

**15**  
B – Egg, Cheese & Tater Tot Taco  
L – Cheese Burger  
S – Pretzels & Trix Strawberry Banana Yogurt

**16**  
B – Strawberry Pancakes  
L – Stuff Crust Cheese Pizza  
S – Cheese Cubes & 100% Apple Juice

**19**  
No School

**20**  
No School

**21**  
No School

**22**  
No School

**23**  
No School

**26**  
B – Country Chicken, Egg & Cheese English Muffin  
L – Popcorn Chicken  
S – Banana Muffin & Milk

**27**  
B – Mini Pancake Wraps  
L – Turkey & Cheese Melt  
S – Fresh Apple & Yogurt

**28**  
B – Egg & Biscuit  
L – Chicken Tenders  
S – Goldfish Crackers & Raisins

**29**  
B – Blueberry Muffin Square  
L – Beef Nachos  
S – Pretzels & String Cheese

**30**  
B – Strawberry Waffles  
L – Cheeseburger Wrap  
S – Cheese Cubes & 100% Apple Juice

### Important Dates...

Thanksgiving Holiday Break 11/29-23/18

### Child Nutrition Reminders...

For the 2018-2019 School Year, Students attending Lone Star Early Childhood will receive FREE breakfast, lunch & snack meals!!