

**OCTOBER
2017**

New Braunfels ISD Elementary Lunch Menu



2	3	4	5	6
1. Hot Dog 2. BBQ Chicken Quarters 3. Ham, Turkey & Cheese Sandwich	1. Beef Soft Tacos 2. Spaghetti & Meatballs & TX Garlic Toast 3. Italian Ham & Pepperoni Salad	1. Chicken Nuggets w/Breadstick 2. Cheese Quesadilla 3. Turkey & Cheese Wrap	1. Cheese Burger 2. Popcorn Chicken Country Bowl 3. Chicken Ranch Salad	1. Pepperoni Pizza 2. Bacon & Cheese Ciabatta Melt 3. Chicken Salad Sandwich
9 Paid Lunch \$2.65	10 Last Day for Benefits from 16-17 Year!	11	12	13
1. Popcorn Chicken w/Breadstick 2. Chicken Fried Steak w/Gravy & Roll 3. Sun Butter & Jelly Wrap	4. Beef Tacos w/Hard Shells 5. Chicken Pot Pie 6. Chicken Caesar Salad	1. Chicken Patty Sandwich 2. Mac N Cheese 3. Tuna Salad Sub	1. Cheese Burger 2. Tot Nachos 3. Turkey Chef Salad	1. Cheese Pizza 2. Fish Patty Melt 3. 3 Cheese Sub
16	17	18	19	20 
1. Chicken Tenders 2. Mozzarella Sticks w/Marinara Sauce 3. Turkey & Cheese Sandwich	1. Beef Soft Tacos 2. Corn Dog 3. Chicken Ranch Salad	1. Chicken Nuggets w/TX Garlic Toast 2. Chicken Fried Steak Sandwich 3. Egg Salad Wrap	1. Beef Nachos 2. Grilled Cheese Dunker 3. Fruit & Veggie Salad w/Apple Cinnamon Muffin	1. Pepperoni Pizza 2. Pork Rib Sandwich 3. Ham & Cheese Sandwich
23	24	25	26	27
1. Cheese Burger 2. Steak Fingers w/Gravy 3. Chicken Fajita Wrap	1. Beef Tacos w/Hard Shells 2. Hot Dog 3. Chicken Garden Salad	1. Popcorn Chicken w/Breadstick 2. Beef Ravioli 3. Sun Butter & Jelly Wrap	1. Chicken Drumstick w/Roll 2. Chicken Patty Ciabatta Sandwich 3. Egg Chef Salad	1. Cheese Pizza 2. Meatball Pizza Melt 3. Ham, Turkey & Cheese Sandwich
30	31	1 NOVEMBER	2	3
1. Mini Waffles & Sausage for Lunch! 2. Pizza Max Sticks w/Marinara Sauce 3. 3 Cheese Wrap	1. Beef Soft Tacos 2. Fish Sticks w/Mac N Cheese 3. Popcorn Chicken Salad	1. Chicken Tenders 2. Grilled Cheese Dunker 3. Ham & Cheese Sandwich	1. Beef Nachos 2. Patty Melt 3. Turkey & Cheese Salad	1. Pepperoni Pizza 2. Pork Rib Sandwich 3. Tuna Salad Wrap
6	7	8	9	10
1. Hot Dog 2. BBQ Chicken Quarters 3. Ham, Turkey & Cheese Sandwich	1. Beef Soft Tacos 2. Spaghetti & Meatballs w/TX Garlic Toast 3. Italian Ham & Pepperoni Salad	1. Chicken Nuggets w/Breadstick 2. Cheese Quesadilla 3. Turkey & Cheese Wrap	1. Cheese Burger 2. Popcorn Chicken Country Bowl 3. Chicken Ranch Salad	1. Pepperoni Pizza 2. Bacon & Cheese Ciabatta Melt 3. Chicken Salad Sandwich

**CHOICE OF MILK: 1% WHITE & FAT FREE CHOCOLATE
FRUIT & VEGETABLE SIDES ARE OFFERED DAILY**

ALSO OFFER FRUIT CUPS & HEALTHY GRAB N' GO OPTIONS FOR A LA CARTE

If you had free & reduced meals prior year, remember to reapply before 10/10/17!



Don't forget to apply for Free/Reduced meals on www.nbisd.heartlandapps.com.
Learn more by visiting www.mealsense.org/unicorn.



*Menu subject to change

OCTOBER 2017

New Braunfels ISD Elementary Breakfast Menu



<p>DAILY SIDE OPTIONS</p> <p>FRUIT</p> <p>APPLESAUCE BANANAS DICED PEACHES DICED PEARS MIXED FRUIT SEASONAL FRESH FRUIT</p> <p>JUICE</p> <p>APPLE JUICE FRUIT PUNCH JUICE GRAPE JUICE ORANGE JUICE</p> <p>MILK</p> <p>FAT FREE CHOCOLATE 1% WHITE</p> <p>CEREAL</p> <p>CHEERIOS CINNAMON TOAST CRUNCH COCOA PUFFS LUCKY CHARMS RICE KRISPIES</p> <p>*Sides may vary daily</p> <p>PAID BREAKFAST PRICE \$1.45</p> 	2	3	4	5	6
	Dutch Waffle Bar Assorted Cereal	Pancake & Sausage on a Stick Assorted Cereal	Breakfast Pizza Assorted Cereal	Cinnamon Sugar Whole Grain Donut Assorted Cereal	Dutch Waffle Bar Assorted Cereal
	9	10	11	12	13
	Turkey Bacon, Egg & Cheese Bosco Stick Assorted Cereal	Cinnamon Roll Assorted Cereal	Chicken Patty Bagel Breakfast Melt Assorted Cereal	Chocolate Whole Grain Muffin Assorted Cereal	French Toast Sticks Assorted Cereal
	16	17	18	19	20
	Blueberry Muffin Assorted Cereal	Chicken Biscuit Assorted Cereal	Breakfast Pizza Assorted Cereal	Egg & Bacon Tater Tot Taco Assorted Cereal	Pancakes Assorted Cereal
	23	24	25	26	27
	Sausage & Egg Breakfast Sandwich Assorted Cereal	Kolache Assorted Cereal	Blueberry Bagel Assorted Cereal	Lucky Charms Glazed Donut Assorted Cereal	Dutch Waffle Bar Assorted Cereal
	30	31	1 NOVEMBER	2	3
	Egg, Ham & Cheese Melt Assorted Cereal	Cocoa Powdered Sugar Whole Grain Donut Holes Assorted Cereal	Breakfast Pizza Assorted Cereal	Egg & Sausage Breakfast Sliders Assorted Cereal	Dutch Waffle Bar Assorted Cereal
	6	7	8	9	10
	Mini Waffles Assorted Cereal	Pancake & Sausage on a Stick Assorted Cereal	Breakfast Pizza Assorted Cereal	Cinnamon Sugar Whole Grain Donut Assorted Cereal	Dutch Waffle Bar Assorted Cereal

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA. Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English. To file a program complaint of discrimination, complete the [USDA Program Discrimination Complaint Form \(AD-3027\)](http://www.aser.usda.gov/complaint_filing_cust.html) found online at: http://www.aser.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

- (1) mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;
 - (2) fax: (202) 690-7442; or
 - (3) email: program.intake@usda.gov.
- This institution is an equal opportunity provider.

De conformidad con la Ley Federal de Derechos Civiles y los reglamentos y políticas de derechos civiles del Departamento de Agricultura de los EE. UU. (USDA, por sus siglas en inglés), se prohíbe que el USDA, sus agencias, oficinas, empleados e instituciones que participan o administran programas del USDA discriminen sobre la base de raza, color, nacionalidad, sexo, discapacidad, edad, o en represalia o venganza por actividades previas de derechos civiles en algún programa o actividad realizados o financiados por el USDA. Las personas con discapacidades que necesitan medios alternativos para la comunicación de la información del programa (por ejemplo, sistema Braille, letras grandes, cintas de audio, lenguaje de señas americano, etc.), deben ponerse en contacto con la agencia (estatal o local) en la que solicitaron los beneficios. Las personas sordas, con dificultades de audición o discapacidades del habla pueden comunicarse con el USDA por medio del Federal Relay Service [Servicio Federal de Retransmisión] al (800) 877-8339. Además, la información del programa se puede proporcionar en otros idiomas. Para presentar una denuncia de discriminación, complete el [Formulario de Denuncia de Discriminación del Programa del USDA \(AD-3027\)](http://www.aser.usda.gov/complaint_filing_cust.html) que está disponible en línea en: http://www.aser.usda.gov/complaint_filing_cust.html y en cualquier oficina del USDA, o bien escriba una carta dirigida al USDA e incluya en la carta toda la información solicitada en el formulario. Para solicitar una copia del formulario de denuncia, llame al (866) 632-9992. Haga llegar su formulario lleno o carta al USDA por:

- (1) correo: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; o
- (3) correo electrónico: program.intake@usda.gov.

Esta institución es un proveedor que ofrece igualdad de oportunidades

*Menu subject to change